



THE WESTON A. PRICE FOUNDATION®

for **Wise Traditions** in Food, Farming and the Healing Arts

2nd Wise Traditions Ireland Conference

6th - 7th February 2016

Thomond Park Conference Centre
Limerick

FEATURED SPEAKERS

Nina Teicholz,
Author of *The Big Fat Surprise*

Dr. Natasha Campbell-McBride
Author of *Gut and Psychology Syndrome (GAPS)*

Dr. Malcolm Kendrick
Author of *The Great Cholesterol Con*

Philip Weeks, Master Herbalist and
Author of *Make Yourself Better*

Patricia Daly NT - Ketogenic Diet and Cancer
Author of *Practical Keto Meal Plans for Cancer*

John McKenna - Bridgestones Guides

Prof. Ton Baars - Raw Milk Researcher

For further information and tickets contact:

www.wapfmunster.com



We are delighted to bring you the second Wise Traditions Ireland Conference on Feb 6th & 7th 2016, in Thomond Park Limerick!

A strong focus this year will be on the value of fats in our diet. Much maligned over the decades via scientific and political misinformation, this vital nutrient is regaining its rightful place as the true messenger of health and purveyor of wellbeing.

For decades the Low Fat dogma has been heavily promoted by the status quo, but good science is now rising to the top thanks to a growing number of courageous experts who are openly challenging our national dietary guidelines.

The scientific report guiding the US dietary guidelines: is it scientific?

Dr. Fiona Godlee, Editor in Chief of the British Medical Journal:

“These guidelines are hugely influential, affecting diets and health around the world. The least we would expect is that they be based on the best available science. Instead the committee has abandoned standard methodology, leaving us with the same dietary advice as before – low fat, high carbs.

Growing evidence suggests that this advice is driving rather than solving the current epidemics of obesity and type 2 diabetes. The committee’s conflicts of interest are also a concern. We urgently need an independent review of the evidence and new thinking about diet and its role in public health.”

BMJ Nov 2015

Learn what it takes to bring true health to you and your family.
We invite you to stand on the shoulders of our inspired speakers,
and be part of the change.

For further information and tickets contact:
www.wapfmunster.com

One day ticket €75.

Weekend ticket €125 including lunch.

Limited free childcare is available, for which pre-booking is required.

We look forward to seeing you there.